

A Healthy Diet

TUESDAY, MARCH 24	FRIDAY, MARCH 27
<p><b>TOPIC: Nutrients</b></p>	<p><b>TOPIC: Nutrients</b></p>
<p><b>Objective:</b> Recognize nutrients when preparing pizza.</p>	<p><b>Objective:</b> Recognize the different types of nutrients food has.</p>
<p><b>Activity:</b></p> <ol style="list-style-type: none"> <li>1. Visit the blog for checking on a worksheet. Work on it and glue it to your <u>class journal</u>.</li> <li>2. Visit the blog to check on a PowerPoint presentation on Healthy Eating.</li> <li>3. Read pages 22 and 23, from your student book to complete pages 13 and 14, from the activity book.</li> <li>4. Visit the blog and play the online game on making pizza. Print your recipe you get from your own pizza and click on draw a pizza, print it and do it. Glue both pages into your <u>lab journal</u>.</li> </ol>	<p><b>Activity:</b></p> <ol style="list-style-type: none"> <li>1. Visit the blog and check on the answers from pages 13 and 14, student book, and correct yours.</li> <li>2. Visit the blog to check on a PowerPoint presentation on types of nutrients.</li> <li>3. Visit the blog to click on the link to complete an online worksheet.</li> </ol>
<p><b>Assessment:</b> Recognize nutrients when preparing pizza by playing an online game.</p> <p><b>Due date: March 27, 2020.</b></p>	<p><b>Assessment:</b> Recognize how to plan a food menu by completing an online worksheet at Google Forms.</p> <p><b>Due date: April 3, 2020</b></p>
<p><b>Vocabulary:</b> nutrients, proteins, fats and sweets, carbohydrates, vitamins, minerals</p>	<p><b>Vocabulary:</b> nutrients, proteins, fats and sweets, carbohydrates, vitamins, minerals</p>